



Create an Awesome 2015

1. Plan the time. Take a break, getaway, go to the coffee shop, but get out of your normal space and routine.
2. Focus and meditate, or pray, depending on how you seek guidance and wisdom.
3. Start with gratitude. Sometimes this is challenging, but we all can find some things to be deeply grateful for.

Who are the 5 people closest to you, and why are you grateful for them? What do you appreciate about them?

What do you appreciate about the work that you do? Your home business? How you earn a living?

What do you appreciate about the space you live in, and the area you live in?

What gifts and talents will you acknowledge yourself for? What special skills do you have? We all have them; feel comfortable acknowledging your strengths.

4. Let's reflect back on the year/time we are closing out. Sometimes we hesitate to want to do this, wanting to just slam the door shut. But, like gratitude, there is good there, and we must find it so we can create more.

What are 3 great things that showed up in my life this past year? They don't have to be huge, but something meaningful that you see as a gift.

What are 3 things I were striving for but fell short of achieving this year?

Why? Be honest here. Just let it flow and release it. No harshness or judgement, just raw honesty.

Do I see any recurring themes; good or bad? Things that may keep you stuck?

What do I feel is “missing” from my life?

What might I do to add it into my life in this coming year?

What would I list as my disappointments and regrets from the past year?

Was I in control of these?

What will I do to change what I can for the next year?

What accomplishments am I most proud of for the previous year?

Did I have any major “Life’s Lessons” that I learned from and can draw wisdom from for the future?

Say a silent prayer; see yourself putting the ending year in a box, wrapping it up in gold paper, tying a beautiful red bow on it, placing it in your hand and then blowing it off into the atmosphere.

Wish it well and thank it for its treasures. Even the challenges are treasures.

5. Now, it’s time to plan for the future.

Consider choosing a word or theme that describes what you want for the year. Make a list of words that might fit what you want to accomplish. Choose your word

thoughtfully, so you can wrap the rest of your life and business planning around it.

Let's say you choose leadership - think about the word carefully.

How will this fit into your business plan?

Weave it into your scripting and success language - I'm working on my leadership skills and.....

Weave it into your online content, using that theme as a dominant part of what you put out to the world.

What events might you attend that will expand on growing your leadership?

What products might you create around this theme that can better monetize your business and create leads?

6. Ask yourself - what do I need to create the change I want in my life and business this next year?

What steps will I take to get what I need?

What is holding me back and are these true limitations or self imposed limitations?

What am I ready to release and be done with for this next year?

7. Set up your calendar for success. Consider your word or theme; available time; goals for the new year and so on.

Blogging - write it down.

Social Media Plan - write it down.

Marketing - write it down.

Income producing activities - write it down.

Events - write them down.

Do weekly planning on Sunday and a recap on Saturday. Avoid thinking of your business as just Mon-Fri. Stretch yourself and stretch out your week, and don't make excuses because it's the weekend. That's all changed in today's world.

8. Get those close to you involved - family, significant others, team leaders even. Ask for support, ask for accountability; and let them know you are serious...if you are serious.

9. Be all in. Yesterday is over and tomorrow is really just a promissory note. There are no guarantees. Work each day as if it is the turning point for all that you want, and it just may be!