



Your Prosperity Mindset Worksheet

Everything you possibly want to create in your life is right at your fingertips when you get your Focus, Your Mind, Your Thoughts and Your Beliefs in Alignment.

You ARE where you are right now because of your thoughts, feelings, beliefs and actions.

WEALTH begins on the inside.

What adjectives would you use to describe yourself?

Average people believe their lives are _____.

Wealthy people believe their lives are _____.

Average people believe _____.

Wealthy people believe there is _____.

Average people ask _____?

Wealthy people ask _____?

Average people say - _____.

Wealthy people ask - _____?

Creating Daily Habits For Success

Our goal in our time together is to change, in some cases, and strengthen your mindset, and develop daily habits for success.

FIRST - We are going to start with creating your why, mindset and vision, and creating those triggers that will keep you focused there.

We will be working on:

- 1.A Gratitude and Intention Journal
- 2.I Am Statements - these are to be created on index cards or post it notes, and placed strategically - **Or, mail them to yourself (Resource Below)**
- 3.I AM Poster and a vision board. Hang it in a VERY appropriate place - somewhere you will see if daily, and often.
- 4.Read I am statements twice a day; focus on vision board as many times a day as possible.
- 5.Get crystal clear on your priorities
- 6.Change your story, change your life

It all starts with WHY! So, write it down.

What you want?

What does your perfect day in your perfect life look like? Write it down a detailed life and business vision. Get your gratitude journal so you can get this all written down.

Create Triggers to set you up for success. This is where you write out some "I AM" statements and put them on post it notes, index cards, cards and even a poster and hang them around where you can see them and allow them to trigger those feelings of what you want.

Get your priorities and calendar in order. What is taking up time that doesn't really serve you?

Get your family onboard and involved in your goals and intentions. When will you sit down and share with them what you are working toward, what you need from them and how they can support you?

What activities and feelings do you need to let go of that don't serve you? Saying "No" now to one thing is saying "YES" to another! Consider the word "Deserve" and how you feel about it

Establish 3 things you really want in the next 60 days. I want:

Establish action steps you will need to take to make it happen -

Write out your check from the universe (below)

UNIVERSAL BANK (UN)LIMITED
Your Wish is My Command

DATE _____

Secret
CHECK

REMITTANCE ADVICE – Feel Good

PAY _____

TO THE ORDER OF _____

NOT NEGOTIABLE
This check is not valid for cashing or payment.

THE UNIVERSE
DRAWER: ACCOUNT: UNLIMITED ABUNDANCE

SIGNED: _____

This is not an instrument subject to Article 3 of the UCC

⑆ 843 732738 843 ⑆ 843 732738 843

www.theseecret.tv

Close your eyes. What are one or two of the best things that ever happened to you? Get in a good feeling space and then write out that check!

Look at that check daily for the next 60 days, set a goal for how your business will deliver on the check!

TRUST the process. TRUST yourself.

Change starts with YOU! It starts with Intention!

Your Homework:

1. Complete your Gratitude Journal and write out EVERYTHING you want and make your future come to life and be VERY vivid!
2. Write out your index cards and PostIt notes to remind you of WHO you are and what you are working toward!
3. Create an I AM Poster or Vision Board - use pictures and words.
4. Surround yourself with your vision at least twice a day.
5. Schedule time with your family for open communication and to get them onboard with you and your goals.
6. What 3 things do you want in the next 60 days?
7. Complete your "blank check!"
8. Get into action!! Show your business at least twice this week.

Send cards to yourself - set up a customer account -

<http://SendOutFunCards.com>

Remember what we started with - Everything you possibly want to create in your life is right at your fingertips when you get your Focus, Your Mind, Your Thoughts and Your Beliefs in Alignment.